

February 6, 2002



Monte Vista
Village

Re: Our History Matters

To Whom it May Concern,

I am the Director of Recreational Services, Social Services and Transportation at Monte Vista Village retirement community. I have a B.Sc. in Recreation Administration, an Administrator's license for Residential Care for the Elderly, and am currently enrolled in Nursing Home Administrator's licensing program. Monte Vista Village is a multilevel community which serves the needs of 170 residents. Our residents range in needs from Independent residents to Assisted Living and Skilled Nursing residents. The purpose of this letter is to emphasize the importance of "Our History Matters" in the lives of our residents.

"Our History Matters" is a wonderful program. Residents from all levels of care attend this vital program. "Our History Matters" stimulates long term memories for all levels of care. It provides sensory stimulation with the wonderful props that are included in this program. The program is an excellent tool for reality orientation. Each month Jeanette Way speaks about the month, its holidays, the season of the year and brings in large, historic, and colorful items to emphasize the subject we are discussing. "Our History Matters" is a great opportunity for residents to socialize, reminisce about their past, and learn from their neighbor's experience. In summary, this valuable program, "Our History Matters," promotes emotional well-being, mental and sensory stimulation and social interaction. I highly recommend this program. I have seen the benefits and stimulation in all levels of elderly that we serve.

Please accept this recommendation of this highly valuable program. I have years of education and experience in the field of recreation and care of the elderly. I emphasize what wonderful benefits our residents receive from Jeanette Way and her program "Our History Matters." Please feel free to contact me if you have any questions.

Sincerely,

Cindy Muehleman, B.Sc., ADC

Director of Recreational Services, Social Services and Transportation